

Technical Tips

11 – Leeward Drops Under Pressure

POLE ON BOOM ROUND UP

1. Foredeck person comes back in and lets off genoa halyard coarse tensioner.
2. Release mast ram.
3. Coarse runner to upwind mark.
4. Fine tune runner pulled until forestay goes tight, mast back!
5. Unfurl genoa (do not unfurl genoa if forestay is sagging).
6. Open hatch.
7. Ease guy and bring kite behind mainsail.
8. Drop spinnaker, close hatch, sheet genoa and main, round up.
9. When both sails are set and driving, return pole to boom.

POLE ON FOREDECK ROUND UP

Round up as above, but drop pole when spinnaker is safely in shute.

POLE ON BOOM, GYBE DROP

1. Foredeck person comes in boat WITH pole.
 2. Release genoa halyard coarse tensioner, and mast forward off.
 3. Backstay on until forestay goes tight, releasing all runners.
 4. Unfurl genoa (do not unfurl if forestay is sagging)
- Mast back.

David Dellenbaugh's

SPEED&Smarts



Great value, top tips from

DAVID DELLENBAUGH

Starting helmsman for *America 3's* successful defence of the 1992 America's Cup and coach and tactician for *Mighty Mary's* 1995 campaign...

There is a wealth of knowledge in David's monthly newsletter, *Speed&Smarts*, packed with "how-to" tips for racing sailors.

The Dragons are grateful for his permission to reproduce articles from *Speed&Smarts* on a regular basis. We continue in this issue with

Assess your risk level at the start

– on pages 8 and 9 overleaf, and

Upwind strategies for persistent shifts

– on pages 14 and 15

Check out Dave Dellenbaugh's sample issue of *Speed&Smarts* on: www.speedandsmarts.com

5. Open hatch.
6. Ease guy and bring kite behind mainsail.
7. Drop spinnaker, gybe, then sheet in both main and genoa.
8. Close hatch, set up the runners and release the backstay.

POLE ON FOREDECK, GYBE DROP

Forget number 1. But do all the rest, as above.

Drop the pole when spinnaker is safely in shute, before the gybe.

Martin Stavros Payne

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